

A Nursing Experience of Hospice Caring for a Breast Cancer Patient in End-of-life

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INTRODUCTION

A patient with breast cancer in the terminal stage faced physical discomfort and close death. The patient and her family felt reluctant and fearful and had a huge mental burden.

Aism

Using the concept of hospice care, terminal cancer patients could obtain dignity, quality, and pain control, feel comfortable in their minds, and improve their quality of life. Adopting a positive attitude towards death, deep empathy, companionship, and caring, helps family members get through the grief and face the end-of-life with peace.

Research methods or project description

Through an overall assessment conducted at the physical, psychological, social, and spiritual levels, it is found that the patient felt so sad about death. Using hospice care and cross-team care leads the patient and family to conduct a life review and four themes of life (gratitude, apology, love, and goodbye). We guided family members to listen and to vent emotions with companionship, and assisted the patient and family to accept the fact of impending death, saying goodbye to relatives and friends, expressing grief, and gaining peace of mind to face the end-of-life.

RESULTS

After the hospice team intervened, the patient and her family reviewed the photos of past trips together, expressed their gratitude and love to the patient at the last moment, looked at life and death with an open-minded attitude, held hands with each other, and hugged and bid farewell. After expressing thanks, love, apologizing, and saying goodbye, she felt loved and loved, and her mind was greatly relieved. She calmly faced the end of life and said goodbye to life.

CONCLUSIONS

Terminal cancer patients face imminent death and feel extremely frustrated and powerless. Hospice care involves cross-team care. In addition to providing comprehensive hospice care, it empathizes with their emotional reactions, guides patients and family to communicate and express inner thoughts, and assists to accept coming death. In the company of relatives, patients can gain psychological and spiritual comfort through the end-of-life well.

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